Antiseptic Hand Rubs in the COVID-19 Pandemic

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February 23, 2021
The opinions and information in this presentation are my own and do not reflect the views and policies of the FDA.
Categories of OTC Antiseptics

• Consumer Antiseptics
  – Rubs (leave-on products)
    • Hand rubs
      “hand sanitizer”
    • Antisepctic hand wipes
  – Washes
    • Hand wash
      “antibacterial soap”
    • Antibacterial body wash
• First Aid Antiseptics

• Health Care Antiseptics
  – Health care personnel hand wash
  – Health care personnel hand rub
  – Surgical hand scrub
  – Surgical hand rub
  – Preoperative skin preparation

• Food Handler Antiseptics
Regulatory Pathway for Marketing Nonprescription Drugs

• New Drug Application/Abbreviated New Drug (NDA/ANDA)
  – Application submitted to FDA for premarket approval

• OTC Drug Review (OTC Monograph)
  – Marketed without an approved drug application if the drug complies with statutory and regulatory requirements
  – Began in 1972 to evaluate the safety and effectiveness of OTC drug products marketed in the United States before May 11, 1972
  – Established conditions under which an OTC drug is generally recognized as safe and effective (GRASE) in the form of OTC monographs
OTC Drug Monograph

• A “rule book” for each therapeutic category establishing conditions, such as active-ingredients, uses (indications), doses, route of administration, labeling, and testing under which an OTC drug is generally recognized as safe and effective (GRASE)

• OTC monographs cover ~ 800 active ingredients for over 1,400 different uses, authorizing over 100,000 drugs
Hand Sanitizers Under OTC Monograph Reform

• On March 27, 2020, the President signed into law H.R. 748, the “Coronavirus Aid, Relief, and Economic Security Act” (CARES Act) which modernizes the OTC drug review

• Hand Sanitizers using certain active ingredients may be marketed under Section 505G(a)(3) if they follow the 1994 Antiseptics TFM, as further amended by the 2016 Consumer Antiseptic Rub proposed rule and the 2015 Health Care Antiseptics proposed rule\(^1\), and other applicable requirements (e.g. CGMP)
  – Alcohol (ethanol (also known as ethyl alcohol)) 60-95% v/v
  – Isopropyl alcohol 70-91.3% v/v
  – Benzalkonium chloride 0.1-0.13% v/v

\(^1\)“Safety and Effectiveness of Consumer Antiseptic Rubs; Topical Antimicrobial Drug Products for Over-the-Counter Human Use,” Final Rule, 84 FR 14847 (April 12, 2019); “Safety and Effectiveness of Health Care Antiseptics; Topical Antimicrobial Drug Products for Over-the-Counter Human Use,” Final Rule, 82 FR 60474 (December 20, 2017); “Topical Antimicrobial Drug Products for Over-the-Counter Human Use; Tentative Final Monograph for Health-Care Antiseptic Drug Products,” Proposed Rule, 59 FR 31402 (June 17, 1994) (1994 TFM)
Hand Sanitizers Under OTC Monograph Reform (Continued)

• Active ingredients require additional data to determine whether they are Generally Recognized as Safe and Effective (GRASE) for use in consumer hand rubs

• It is the manufacturer’s responsibility to ensure their products
  – have been properly tested
  – comply with all applicable regulations
  – have inactive ingredients that are safe and suitable for use in an OTC antiseptic hand rub
Hand Sanitizer Indication and Labeling

• **Indication**: to help reduce bacteria that potentially can cause disease

• For use when soap and water are not available

• Examples of claims that are not permitted¹
  – Persistence/duration of effect
  – Pathogen-specific disease claims
  – Superiority claims

¹ Not an all-inclusive list. Claims are expected to conform to “Topical Antimicrobial Drug Products for Over-the-Counter Human Use; Tentative Final Monograph for Health-Care Antiseptic Drug Products,” Proposed Rule, 59 FR 31402 (June 17, 1994)
Consumer Hand Rub Market

Prior to COVID-19¹

• Annual dollar sales ~ $190 million
• More than 800 entities
• Most manufacturers small businesses
• Most common active ingredient ethanol (ethyl alcohol)
• All products marketed under the OTC Drug Monograph

After COVID-19

• Dramatic increase in demand
• Degree of market shortage difficult to quantitate

¹Regulatory impact analysis, “Safety and Effectiveness of Consumer Antiseptic Rubs; Topical Antimicrobial Drug Products for Over-the-Counter Human Use,” Final Rule, 84 FR 14847 (April 12, 2019)
FDA’s Actions to Address Hand Sanitizer Shortage

- Issued three guidance documents outlining temporary policies to provide flexibility to help meet demand during the public health emergency.

- When the public health emergency is over, FDA intends to discontinue these enforcement discretion policies and withdraw the guidances.

- FDA is continually assessing needs and circumstances related to the temporary policy and will update, modify, or withdraw the policy as appropriate.

  - Updated March 27, April 15, June 1, August 7, and February 10.
COVID-19 Hand Sanitizer Guidances

• Compounding Guidance
  Policy for Temporary Compounding of Certain Alcohol-Based Hand Sanitizer Products During the Public Health Emergency

• Manufacturing Guidance
  Temporary Policy for Preparation of Certain Alcohol-Based Hand Sanitizer Products During the Public Health Emergency (COVID-19)

• Active Ingredient Guidance
  Temporary Policy for Manufacture of Alcohol for Incorporation Into Alcohol-Based Hand Sanitizer Products During the Public Health Emergency (COVID-19)
Terms of the Manufacturing Guidance

FDA does not intend to take action against firms that prepare ABHS provided all of the conditions specified in the guidance are met

1. Uses only specified ingredients
2. Alcohol is denatured using specified formulas
3. Finished product follows WHO formula
4. Firm does not add other active or inactive ingredients
5. Firm ensures active ingredient is correct and uses correct amount (methanol and potency tests)
6. Prepared under sanitary conditions
7. Verifies alcohol content in finished product before each batch is released
8. Dosage form is an aqueous solution (no gel, foam, or aerosol spray)
9. Labeled according to guidance
10. Facility is registered with FDA Drug Registration and Listing
11. Firm has a mechanism to accept adverse event reports

\(^1\)Temporary Policy for Preparation of Certain Alcohol-Based Hand Sanitizer Products During the Public Health Emergency (COVID-19) Guidance for Industry, March 2020, Updated February 10, 2021
Finished Hand Sanitizer Formulations
Under the Guidance

- Alcohol (ethanol) formulated to 80% v/v in an aqueous solution
  - Glycerin (glycerol) 1.45% v/v
  - Hydrogen peroxide 0.125% v/v
  - Sterile distilled water or boiled cold water

- Isopropyl alcohol formulated to 75% v/v in an aqueous solution
  - Glycerin (glycerol) 1.45% v/v
  - Hydrogen peroxide 0.125% v/v
  - Sterile distilled water or boiled cold water
Impact of Hand Sanitizer Guidances

• Thousands of new firms have registered to manufacturer alcohol-based hand sanitizers and hand sanitizer active ingredients (ethanol and isopropyl alcohol)

• Many hospital systems are now able to source an adequate supply of hand sanitizers and more are available for consumer purchase

• FDA is updating the temporary guidances as needed to provide additional clarification to both increase supply and help ensure that harmful products are not on the market

• FDA appreciates the work of manufacturers, compounders, state boards of pharmacy, and the public to increase the supply of alcohol-based hand sanitizers
New and Increasing Safety Issues with Hand Sanitizers

- Accidental ingestion by young children
  - Need to denature alcohol
  - Packaging attractive to children
- Contamination
  - Methanol
  - 1-Propanol
- Subpotent and mislabeled products
- Packaging in food and drink containers
- Ocular injuries
- Flammability

1/26/2021: PRESS RELEASE - Coronavirus (COVID-19) Update: FDA Takes Action to Place All Alcohol-Based Hand Sanitizers from Mexico on Import Alert to Help Prevent Entry of Violative and Potentially Dangerous Products into U.S., Protect U.S. Consumers

1/19/2021: UPDATE - FDA Provides Policy for Testing of Alcohol (Ethanol) and Isopropyl Alcohol for Methanol, Including During COVID-19 Public Health Emergency

8/27/2020 PRESS RELEASE - COVID-19 Update: FDA Warns Consumers About Hand Sanitizer Packaged in Food and Drink Containers

8/24/2020: UPDATE - FDA provides testing method to assess the quality of hand sanitizer products for impurities

8/12/2020: UPDATE - FDA expands hand sanitizer warnings to include 1-propanol contamination

8/7/2020: UPDATE - FDA Includes Methanol Testing in Temporary Policies for Alcohol-Based Hand Sanitizers

7/31/2020: UPDATE - FDA continues to find issues with certain hand sanitizer products

7/27/2020 PRESS RELEASE - Coronavirus (COVID-19) Update: FDA Reiterates Warning About Dangerous Alcohol-Based Hand Sanitizers Containing Methanol, Takes Additional Action to Address Concerning Products

7/2/2020: UPDATE - FDA warns consumers of risk of methanol contamination in certain hand sanitizers

7/2/2020 PRESS RELEASE - FDA Takes Action to Warn, Protect Consumers from Dangerous Alcohol-Based Hand Sanitizers Containing Methanol

6/19/2020 ALERT - FDA advises consumers not to use hand sanitizer products manufactured by Eskbiochem
FDA’s “Do Not Use” List

Allows consumers to identify a product that:

• Has been tested by FDA and found to contain methanol or 1-propanol
• Is labeled to contain methanol
• Has been tested and is found to have microbial contamination
• Is being recalled by the manufacturer or distributor
• Is subpotent, meaning it has less than the required amount of ethyl alcohol, isopropyl alcohol or benzalkonium chloride
• Is purportedly made at the same facility as products that have been tested by FDA and found to contain methanol or 1-propanol
• Is packaged in a container that resembles a food/beverage container that presents increased risk of accidental ingestion

See this webpage for a full list of hand sanitizers we urge consumers not to use: https://www.fda.gov/drugs/drug-safety-and-availability/fda-updates-hand-sanitizers-methanol
How to Find Products on the List

1. Find the hand sanitizer label.

2. Locate the:
   - Product Name
   - Company Name
   - National Drug Code or NDC number

3. Go to www.fda.gov/unsafehandsanitizers and click on the red button at the top of the page.

https://www.fda.gov/media/141469/download
How to Find Products on the List (continued)

4. **Search list.**
   - Type the product, company name, or NDC number in the search box.
   - Sort the columns alphabetically.
   - Find the page.

5. **Find your hand sanitizer on the list.**
   - If you have a hand sanitizer made by a company on the list, but cannot find the specific brand or lot number, the FDA recommends not using that product.
   - Check back often. As the FDA releases test results, additional products are added to the do-not-use list.

6. **Put contaminated hand sanitizer into hazardous waste collection.**
   - Contact your local government or trash collection agency and ask about hazardous waste disposal.
   - Do not pour the hand sanitizer down the drain. Mix it with other liquids, or put it in your regular trash.

https://www.fda.gov/media/141469/download
Accidental Ingestion by Children

• Calls to National Poison Data Center increased 79% in March 2020 compared to March 2019¹
• Many adults unaware that hand sanitizers should be kept out of children’s reach²
• All ethyl alcohol used in hand sanitizer must contain a denaturant
• Avoid packaging in food or drink containers
• Avoid food flavors, scents, or packaging that could appeal to children

Methanol Serious Adverse Events and Deaths

During May and June, 15 people in Arizona and New Mexico were hospitalized after swallowing hand sanitizer containing methanol.

METHANOL POISONING CAN CAUSE BLINDNESS AND BE FATAL

- Died
- Discharged with vision loss
- Remained hospitalized*
- Discharged with no complications

DO

- Use hand sanitizer containing ethanol or isopropanol for hand hygiene
- Check FDA's list of hand sanitizers not to use
- Supervise children and keep hand sanitizer out of their reach

DO NOT

- Use hand sanitizer containing methanol
- Swallow any hand sanitizer

*as of July 8

1-Propanol Contamination

• 1-propanol is not an acceptable ingredient for hand sanitizers
• 1-propanol is not the same as 2-propanol (isopropyl alcohol/isopropanol)
• Ingestion of 1-propanol can cause central nervous system depression leading to death
• Symptoms include confusion, decreased consciousness, and slowed pulse/breathing
Ocular Exposure to Hand Sanitizers

• More frequent ocular exposures reported recently, especially in children

• Public dispensers deliver the product at the level of small children's eyes
  – Pediatric ocular exposures are occurring in public places

• Cases of corneal or conjunctival ulceration have been reported
Flammability

- FDA has advised consumers that hand sanitizer is flammable, and it should be rubbed into the hands until they feel completely dry before continuing activities that may involve heat, sparks, static electricity, or open flames.
- Labels have warning about flammability.
- Fires and burns associated with use of hand sanitizer have been reported.
- Avoid formulations with increased risk of flammability such as aerosol sprays.
FDA Resources

• For Questions on
  – Hand sanitizers COVID-19-HandSanitizers@fda.hhs.gov
  – OTC Monograph Reform druginfo@fda.hhs.gov
  – Small business and industry assistance cdersbia@fda.hhs.gov
  – Registration and listing edrls@fda.hhs.gov

• Resources
  – Methanol and Hand sanitizers consumers should not use www.fda.gov/unsafehandsanitizers